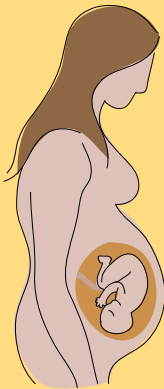


How is HIV Transmitted?

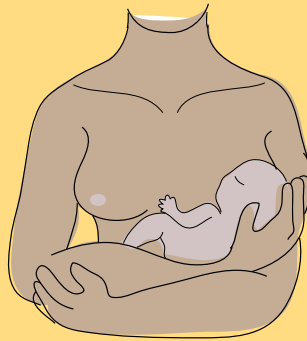
A person can get HIV from someone who is infected with the virus. Blood, breast milk, vaginal fluids, semen and pre-cum can carry HIV.

There is no way to tell if someone has the virus just by looking at them. The only way to know for sure whether you are infected is through a blood test.

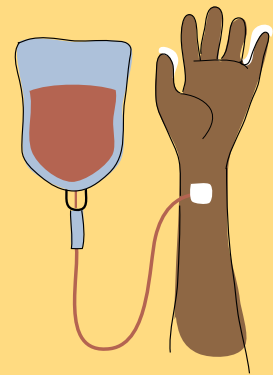
HIV can be transmitted by:



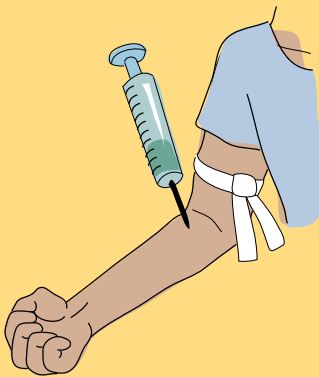
Someone who is HIV-positive and pregnant can pass the virus to their child



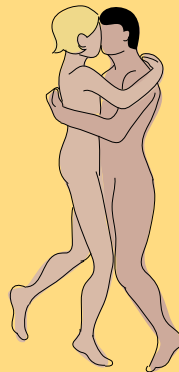
Someone who is HIV-positive and breastfeeding can pass the virus to their child



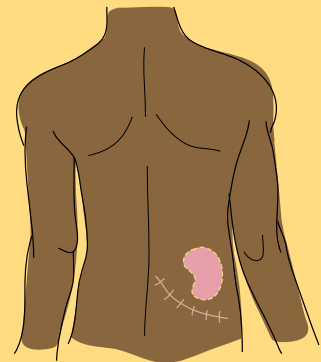
Blood transfusions



Sharing needles with someone who has HIV

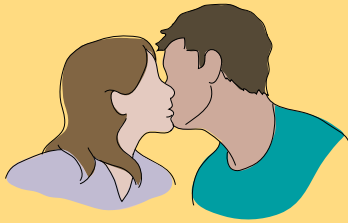


Unprotected anal, oral, or vaginal sex with a person infected with HIV

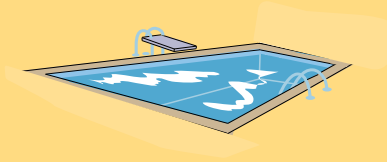


Transplanted organs from infected donors

You Can't Get HIV by:



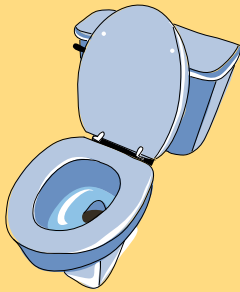
Kissing, touching or hugging



Going to a public bath or pool



Sharing a telephone



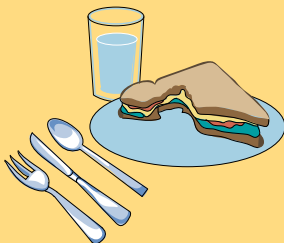
Using a public or private bathroom



An insect bite



Coughing or sneezing



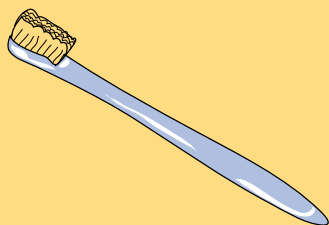
Eating foods prepared by someone who is infected with HIV



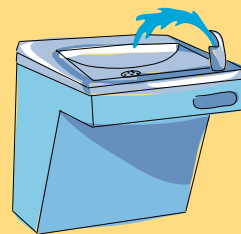
Shaking hands



Working or going to school with someone who is infected with HIV



Sharing a toothbrush



Drinking from a public water fountain

