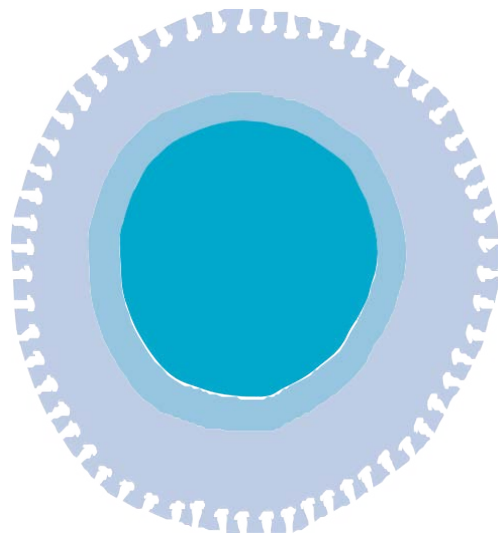


What are CD4 Cells?

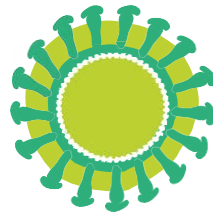
CD4 cells, also known as helper T cells or T cells, are an important part of your immune system. CD4 cells fight off infections and keep you from getting sick.

The more CD4 cells you have in your body, the healthier you'll be.

HIV attacks and destroys your CD4 cells. Taking your HIV medications helps keep HIV from destroying your CD4 cells.



CD4 or T Cell



HIV

A healthy adult has between 500-1600 CD4 cells.

Your doctor tests your CD4 cell level to track how healthy you are and to see if your medications are working. Doctors now recommend starting ART right away, regardless of CD4 count. The goal is to protect enough CD4 cells so your immune system stays healthy.